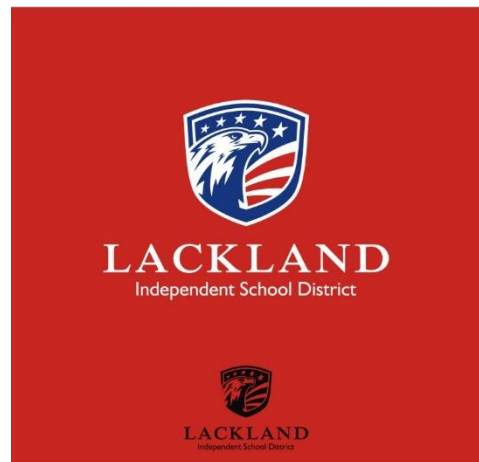


# **School Health Advisory Council 2020-2021 School Year**



**Annual Progress Report  
To the Board of Trustees  
May 2021**

# **School Health Advisory Council**

Every independent school district is required by law to have a school health advisory council (SHAC) of which the majority of members must be parents who are not employed by the school district. The SHAC is annually appointed by the local education agency Board of Trustees.

Texas Education Code

Title 2, Chapter 28, Section 28.004

# **State Legislated SHAC Requirements**

## **Committee-related**



**The following are requirements of  
local SHACs per legislation**

**Texas Education Code, Chapter 28, Section 28.004:**

- ✓ **A parent must serve as a co-chair**
- ✓ **A minimum of five members must be appointed to serve on the SHAC by Board of Trustees**
- ✓ **Majority of members must be parents who are not employees of the district**
- ✓ **SHAC must meet at least 4 times a year**
- ✓ **SHAC must deliver an annual report to the Board of Trustees**
- ✓ **SHAC is required to submit recommendations regarding the districts' health education curriculum**

# **State Legislated Requirements District/Campus-Related**



**SHACs can provide oversight for the following activities required of local campus/districts per legislation**

**Texas Education Code, Chapter 28, Section 28.004:**

- ✓ **Provide written notice, course content and parents' rights regarding sexuality education if taught**
- ✓ **Ensure that full-day pre-k students participate in 30 minutes of daily vigorous activity**
- ✓ **Include goals and objectives for CSH in HS and MS Campus Improvement Plans**
- ✓ **Administer FitnessGram® to all students in grades 3-12**
- ✓ **Choose an evidenced based alcohol awareness instructional program**
- ✓ **Use the PAPA program in HS or MS health classes**

# **Lackland ISD SHAC Members**

## **2020-2021**

**Tonya Hyde, Chair**

**John Sheehan, Co-Chair**

Marcelle Conte, Nurse

Emmanuel Guerrier, Parent

Michelle Tarvin, Asst. Principal

Claudia Castillo, SES Coordinator

Daniel Rigney, Coach

LaTanya Sheehan, Parent

Victoria Smith, Parent





# 2020-2021 SHAC Meeting Dates

## General Council Meetings

1. October 7, 2020
2. December 2, 2020
3. February 10, 2021
4. April 14, 2021

4 Scheduled Required Meetings

## Physical Fitness Sub-Committee Meetings

- Worked together to complete wellness evaluation components. No formal meeting was scheduled.

# **Review of SHAC Activity & Accomplishments**

- Recruited new members
- Performed evaluation of local wellness policy – FFA (Local) – posted on District webpage
- Reviewed and approved Safeschools training for bloodborne pathogens, child abuse and maltreatment, bullying and harassment, substance abuse, mental health promotion, and suicide prevention.
- Provided feedback and communications to the community about COVID-19 safety.



# SHAC Recommendation

- Continue monthly Let's Talk opportunities to discuss health and wellness activities
- Focus on identified areas for growth from the 2020-2021 wellness plan evaluation.
- Continue to support student social-emotional needs following COVID-19 pandemic. (Yearly calendar of guidance lessons for both campuses)





# FitnessGram

- In Progress
- Received guidance from the Texas Education Agency on March 26, 2021
- Elementary campus assessed in-person students only.
- Secondary Campus assessed in-person students only.

# District -Wide Accomplishments



- Completed the 2018-2021 TEA School Health Survey
- Year long Wellness Wednesdays Newsletters (Staff)
- Participation in TRS and Edwards Risk Management Spring and Fall Fitness Challenges (Staff)
- Reviewed District protocols for suicide prevention and postvention.
- Faculty and Staff Fitness Workouts resumed in April
- District Participation in Breathe for Change Workshops
- Participated in National School Lunch Week and School Breakfast Week
- Let's Talk – Parent Engagement
- District-wide support for nutrition, counseling, and mental health

# Useful Web Sites



- ✓ Texas School Health Advisory Committee:  
[www.dshs.state.tx.us/schoolhealth/shadvise.shtm](http://www.dshs.state.tx.us/schoolhealth/shadvise.shtm)
- ✓ TXPTA Healthy Lifestyle web page:  
[www.txpta.org/programs/healthy-lifestyles](http://www.txpta.org/programs/healthy-lifestyles)
- ✓ TEA Fitness Data: [www.tea.state.tx.us/index4.aspx?id=397](http://www.tea.state.tx.us/index4.aspx?id=397)
- ✓ Youth Risk Behavior Surveillance (YRBS) Survey:  
[www.dshs.state.tx.us/chs/yrbs/query/yrbss\\_form.shtm](http://www.dshs.state.tx.us/chs/yrbs/query/yrbss_form.shtm)
- ✓ Weight of the Nation: <http://theweightofthenation.hbo.com/films>
- ✓ CDC Coordinated School Health: [www.cdc.gov/HealthyYouth/CSHP](http://www.cdc.gov/HealthyYouth/CSHP)
- ✓ Texas Department of Agriculture Square Meals:  
[www.squaremeals.org/fn/home/page/0,1248,2348\\_2349\\_0\\_0,00.html](http://www.squaremeals.org/fn/home/page/0,1248,2348_2349_0_0,00.html)
- ✓ Regional Education Service Centers: <http://ritter.tea.state.tx.us/ESC>
- ✓ Texas online help for childhood obesity: [www.resapingtexas.org](http://www.resapingtexas.org)
- ✓ Texas Legislature Online: [www.capitol.state.tx.us](http://www.capitol.state.tx.us)



Curbside meals for Remote Learners



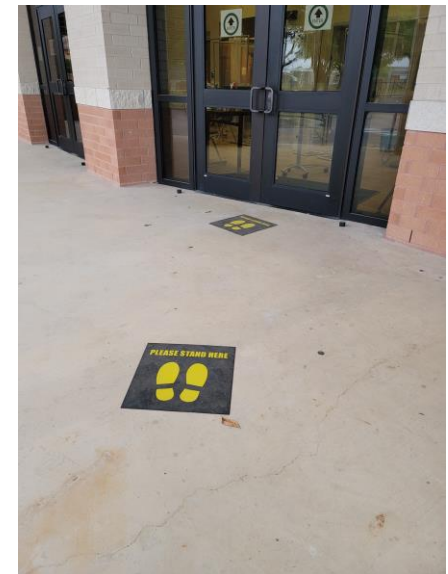
Health lesson for healthy food choices.



Public Information Announcements for COVID-19



Isolation Clinic



Social -Distancing





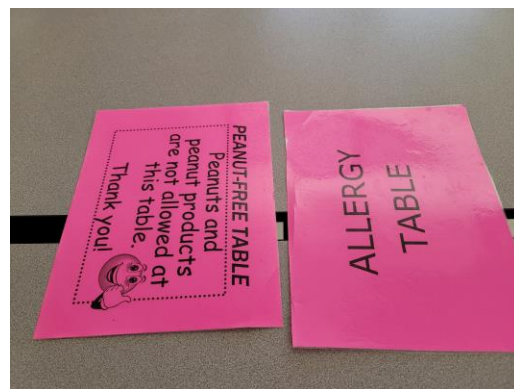
Every year, schools nationwide celebrate National School Lunch Week (NSLW) during the month of October. This year, October 12-16, 2020 was designated as National School Lunch Week (NLSW). National School Lunch Week recognizes the important role child nutrition professionals have in the education of our students. Supporting NSLW engages students in learning about proper nutrition and healthy lifestyles.

Despite the pandemic that closed our schools, our LISD Child Nutrition Team continued to provide breakfast and lunch meals throughout the 2019-2020 school closure and summer break. Despite the many new challenges COVID-19 created, our Child Nutrition Team did not miss a beat. The team celebrated National School Lunch Week by decorating our cafeterias, preparing special displays, and passing out buttons and stickers that promote healthy eating. Please join us in giving out a big THANK YOU to our wonderful and hard-working Child Nutrition Team.



Touch-Free Fountains

National School Lunch Article



Food Allergy Table



SES Crisis Hotline