**School Health Advisory Council Minutes**

**Wednesday, December 1, 2021**

**11:45 a.m.**

**Posted recording: Linked** [**here**](https://lacklandisdtx-my.sharepoint.com/personal/hyde_t_lacklandisd_net/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Fhyde%5Ft%5Flacklandisd%5Fnet%2FDocuments%2FH%20Drive%2FCommittees%2FSchool%20Health%20Advisory%20Committee%2FSHAC%202021%2D2022%2Fzoom%5F0%2Emp4&parent=%2Fpersonal%2Fhyde%5Ft%5Flacklandisd%5Fnet%2FDocuments%2FH%20Drive%2FCommittees%2FSchool%20Health%20Advisory%20Committee%2FSHAC%202021%2D2022)

**Members in Attendance in Bold**

**LaTanya Sheehan**, Parent, Co-Chair **Tonya Hyde**, Asst. Supt. Co-Chair Victoria Smith, Parent

Emmanuel Guerrier, Parent **Andrea Martini**, Parent Angela Kinney, Parent

April Leiva-DeHoyos, Parent **Margaret Bartlow**, Student **Robert Walker**, Parent **Marquise Mahaffey**, Parent **Alfredo Concha**, Operations **Marcelle Conte, Nurse**

**Claudia Castillo**, SES Coordinator Daniel Rigney, Coach Michelle Tarvin, Admin.

Terence Cunningham, Student **Crystal Gajokowski**, Parent Lusa Meza, Parent

1. Opening Remarks and Introductions

*The December 1, 2021, virtual meeting began at 11:45 a.m. Dr. Hyde facilitated a roll call to document council participation.*

1. Review and Approve Minutes from the October 6, 2021 meeting

*Council members reviewed the minutes from the October 6th meeting as presented on the screen or provided as an advanced copy via email. One spelling correction was noted. Mrs. Sheehan motioned that the minutes be approved with noted correction. Mrs. Martini seconded the motion with unanimous approval. The minutes will be posted to the SHAC page on the district's website.*

1. Wellness Plan Evaluation
   * Evaluator Assignments

*Dr. Hyde encouraged council members to select the wellness goals and objectives they plan to evaluate. Mrs. Conte indicated she would evaluate goals related to staff wellness.*

* + Revision of Goal VI: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports: Objective 1: Action Step: Continue the practice of providing open gym and also vary activities bi-weekly

*Dr. Hyde shared the impact the new secondary schedule has on the ability to provide physical activity. The new schedule does require more frequent movement for classroom transitions. However, open gym will not be available this year. However, students can engage in physical activity in proximity to lunch areas. SHAC student participant, Ms. Bartlow, recommended that students be reminded of the opportunity to walk around and use the field during their lunch period. She indicated that when encouraged by the staff in past years the students were more likely to engage in physical activity by walking around the field. Dr. Gajokowski emphasized the need to ensure active student learning experiences. She will share resources to support teacher professional development in this area. Teachers currently use various techniques to incorporate physical activity through station-rotation included in blended learning.*

* + Follow up for Goal IX: The District shall encourage parents to support their children’s participation, be active role models, and include physical activity in family events. Objective 1: Action Step: Continue the practice of offering physical fitness-related family engagement activities

*The committee recognized that many activities that previously occurred have been interrupted due to COVID. They recommended revisiting the PTSO sponsored skate nights, fun walks, and fall festival. Mrs. Martini shared with the council an update to her inquiry into family engagement activities provided by the youth center. Offerings for Lackland have been minimal. The council agreed that we should promote any activity sponsored by a Joint Base San Antonio (JBSA) entity. The council also requested consideration to provide a parent/student wellness night offering with embedded opportunities to discuss health and nutrition. Mrs. Martini volunteered to evaluate this goal in the wellness plan.*

* + Follow up for Goal XII: The district shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. Objective 1: Action Step: Master schedules allot 30 minutes for lunch. A minimum of 15 minutes will be used for food consumption (Need to check the 3rd and 4th-grade schedule due to the reported reduction in eating time at the beginning of the school year).

*It was reported that there were some staffing issues from Nov. 8-10 which impacted the amount of time our 2nd, 3rd, and 4th graders had for lunch consumption. Mr. Concha shared the implementation of a temporary solution for staffing shortages which utilizes staff assigned to other areas to support. A permanent solution would require an additional staff member to be hired. Additional personnel is currently being reviewed with the superintendent’s cabinet. The recommendation was made to ensure that the master schedule actually allows 30 minutes for student lunches and to also ensure that students know their numbers, last names, and bring their lunch cards with them to lunch.*

1. Updates
   * Health and Human Sexuality Curriculum Adoption Updates

*Dr. Hyde shared the proposed timeline for the Health and Human Sexuality curriculum as follows:*

* + - *Committee Selection has occurred (currently considering the addition of counselors)*
    - *Review of Materials by the selection committee Mid-January*
    - *Preliminary selection end of February*
    - *Schedule Public Meetings in March*
    - *Board Meeting in April or May*
  + *Questions and Comments*
    - *The committee brainstormed additional activities to consider for the wellness plan. These include the following:*
      * *Parents vs Students and Student vs Teacher sports competitions.*
      * *Family engagement golf or kickball tournament/activity*
      * *Let’s Talk Stress Management with family Zumba provided by Ms. Coffey. Ms. Castillo was encouraged to report back on this idea at our next meeting.*
      * *Track renovation ribbon cutting with an opportunity for parents and their children to walk around the track.*
  + *Track Completion* 
    - *Mr. Concha shared that the track is currently substantially completed. There are some potential concerns with the striping of the track that may delay final completion.*

VI: Close of Meeting – The meeting adjourned at 12:38 p.m.

*Mrs. Sheehan motioned that we adjourn. Mrs. Martini seconded the motion with unanimous approval.*