December 2018 *Breakfast Menu*

Monday 12/3	Tuesday 12/4	Wednesday 12/5	Thursday 12/6	Friday 12/7
French Toast **Egg & Sausage Biscuit** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Waffle Sticks** **Apple Cinnamon Oatmeal** **Variety of Cereal** Breakfast Toast Chilled Fruit / Fresh Fruit Juice / Milk	**Breakfast Parfait** **Pancake on a Stick** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Cheesy Scrambled Eggs w/Toast** **Dutch Waffles** **Variety of Cereal** Chilled Fruit /Fresh Fruit Juice / Milk	**Breakfast Pizza** **Sausage Patty w/Toast** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice /Milk
Monday 12/10	**Tuesday 12/11**	**Wednesday 12/12**	**Thursday 12/13**	**Friday 12/14**
Toaster Pastry **Ham and Egg Breakfast Taco** **Variety of Cereal** Chilled Fruit Juice Milk	**Breakfast Biscuit** **Chicken Patty** **Cheesy Eggs w/Toast** **Variety of Cereal** Fresh Fruit/ Chilled Fruit Juice / Milk	**Breakfast Parfait** **Bagel w/Cream Cheese** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Cheese Toast** **Breakfast Kolache** **Apple Cinnamon Oatmeal** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Pancakes** **Bean and Cheese Taco** **Cheese Toast** **Variety of Cereal** Chilled Fruit / Fresh Fruit Juice / Milk
Monday 12/17	**Tuesday 12/18**	**Wednesday 12/19**	**Thursday 12/20**	**Friday 12/21**
French Toast **Egg & Sausage Biscuit** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Pancake on a Stick** **Mini Waffles** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice /Milk	**Breakfast Parfait** **Cheese Toast w/Sausage** **Variety of Cereal** Chilled Fruit Fresh Fruit Juice / Milk	**Cheesy Scrambled Eggs w/Toast** **Dutch Waffle** **Apple Cinnamon Oatmeal** Variety of Cereal Fresh Fruit / Chilled Fruit Juice / Milk	**Breakfast Pizza** **Cinnamon Toast w/ Chicken Patty** **Variety of Cereal** Fresh Fruit Chilled Fruit Juice Milk
Monday 12/24	**Tuesday 12/25**	**Wednesday 12/26**	**Thursday 12/27**	**Friday 12/28**
School Holiday No School	School Holiday No School	School Holiday No School	School Holiday No School	School Holiday No School

***Fat-free and 1% plain milk offered daily**
***Lactose free milk offered daily**
***Variety of fresh and prepared fruits offered daily**
***Menu subject to change based on availability**

LISD is serving free breakfast for all LISD students. The free breakfast consists of one reimbursable meal. A la carte or extra meal items will be charged the regular meal or a la carte price.

The Lackland ISD Child Nutrition Department is committed to providing delicious and nutritious meals every school day.

Please join us every day for breakfast and lunch!

Sincerely,
LISD Child Nutrition Staff