


January Lunch Menu (High School)

Monday 1-2	Tuesday 1-3	Wednesday 1-4	Thursday 1-5	Friday 1-6
		Chicken Parmesan Corn Dog Steamed Broccoli Seasoned Carrots Fresh Fruit Chilled Fruit	Chicken Nuggets w/Pretzel Pizza Quesadilla Green Beans & Corn Broccoli Normandy Pasta Salad Fresh Fruit, Chilled Fruit	Hamburger/Cheeseburger Fish Nuggets w/Bread Stick Savory Potato Wedges Burger Salad Fresh Fruit/Chilled Fruit
Monday 1-9	Tuesday 1-10	Wednesday 1-11	Thursday 1-12	Friday 1-13
Steak Fingers Chicken Tenders Mashed Potatoes, Country Gravy Steamed Broccoli & Carrots Texas Toast Fresh Fruit/Chilled Fruit	Cheese or Pepperoni Pizza Chicken Fajita Tacos Steamed Spinach Steamed Corn Taco Trimming Fresh Fruit, Chilled Fruit	BBQ Pulled Pork Sandwich Turkey Pot Pie w/Biscuit Baked Beans Seasoned Green Beans Broccoli & Tomato w/Dip Fresh Fruit/Chilled Fruit	Stuffed Cheese Bread Sticks W/Marinara Sauce Chili Mac w/Cornbread Ranchero Beans Mixed vegetables Fresh Fruit/Chilled Fruit	Breaded Chicken Burger Turkey Hot Dog Burger Salad Baby Carrots Tater Tots Fresh Fruit, Chilled Fruit
Monday 1-16	Tuesday 1-17	Wednesday 1-18	Thursday 1-19	Friday 1-20
School Holiday	Stuffed Crust Cheese or Pepperoni Pizza Chili Frito Pie Black Beans Herbed Carrots Fresh Fruit/ Chilled Fruit	Sloppy Joe Cheese Enchiladas Steamed Mixed Vegetables Seasoned Pinto Beans Spanish Rice Chilled Fruit, Fresh Fruit	Chicken Nuggets Beef Lasagna Bread Stick Herbed Spinach Cucumber & Tomato w/Dip Fresh Fruit/ Chilled Fruit	Hamburger/Cheeseburger Turkey & Cheese Sub Burger Salad French Fries Fresh Fruit, Chilled Fruit
Monday 1-23	Tuesday 1-24	Wednesday 1-25	Thursday 1-26	Friday 1-27
Chicken Drumstick with Bread Stick Mini Corndogs Macaroni and Cheese Fresh Garden Salad Seasoned Broccoli Fresh Fruit/Chilled fruit	Cheese or Pepperoni Pizza Chicken Egg Rolls Asian Fried Rice Herbed Carrots Broccoli Normandy Fresh Fruit/Chilled Fruit	Beef & Bean Burrito Chicken Alfredo with Twist w/Bread stick Baby Carrots & Celery w/Dip Seasoned Spinach Fresh Fruit /Chilled Fruit	Spaghetti with Beef Meatballs Grilled Cheese Sandwich Tomato Soup Seasoned Cauliflower Seasoned Brussel Sprouts Fresh Fruit/Chilled Fruit	Hamburger/Cheeseburger Fish Sticks w/Bread Stick Sweet Potato Fries Burger Salad Baked Beans Fresh Fruit/Chilled Fruit

*Yogurt Tray Offered Daily

*Fat-free flavored, 1% plain, or lactose free milk offered daily

*Variety of fresh fruits and vegetables offered daily

*Menu is subject to change based on food availability

This institution is an equal opportunity provider