

## January 2024 – High School Lunch Menu

Monday 1-8	Tuesday 1-9	Wednesday 1-10	Thursday 1-11	Friday 1-12
<b>Popcorn Chicken</b> <b>Salisbury Steak</b> Mashed Potatoes, Brown Gravy Hot Dinner Roll, Steamed Broccoli Fresh Fruit/Chilled Fruit	<b>Cheese or Pepperoni Pizza</b> <b>Turkey Pot Pie w/Biscuit</b> Seasoned Carrots Garlicky Green Beans Fresh Fruit /Chilled Fruit	<b>Frito Pie</b> <b>Carne Guisada Tacos</b> Spanish Rice Red Kidney Beans Fresh Fruit/Chilled Fruit	<b>Chicken Nuggets</b> <b>Spaghetti and Meat Sauce</b> Italian Bread Steamed Corn, Broccoli Normandy Fresh Fruit/Chilled Fruit	<b>Hamburger/Cheeseburger</b> <b>Turkey Hot Dog</b> <b>Sweet Potato Fries</b> Burger Salad, Baby Carrots Fresh Fruit, <b>Chilled Fruit</b>
Monday 1-15	Tuesday 1-16	Wednesday 1-17	Thursday 1-18	Friday 1-19
<b>School Holiday</b>	<b>Stuffed Crust Pizza</b> <b>Chicken Fajita Tacos</b> Seasoned Pinto Beans Sautéed Spinach with Tomato Fresh Fruit, Chilled Fruit	<b>Chicken Corn Dog</b> <b>Chicken Alfredo with Twist w/ Bread Stick</b> Seasoned Carrots & Corn Green Beans Fresh Fruit/Chilled Fruit	<b>Stuffed Cheese Bread Sticks</b> <b>W/Marinara Sauce</b> <b>Orange Chicken with Egg Roll</b> Steamed White Rice Broccoli Normandy Celery & Carrot Sticks with Dip Fresh Fruit, Chilled Fruit	<b>Hamburger/Cheeseburger</b> <b>Fish Sticks w/ Bread Stick</b> Baby Carrots Burger Trimmings Tater Tots Fresh Fruit, Chilled Fruit
Monday 1-22	Tuesday 1-23	Wednesday 1-24	Thursday 1-25	Friday 1-26
<b>Steak Fingers</b> <b>Chicken Tenders</b> Mashed Potatoes Country Gravy, Texas Toast Lemon Pepper Broccoli Fresh Fruit/Chilled Fruit	<b>Cheese or Pepperoni Pizza</b> <b>Beef Nachos</b> Garlicky Green Beans Seasoned Pinto Beans Cilantro Lime Rice Fresh Fruit/ Chilled Fruit	<b>Mini Corn Dogs</b> <b>Beef Lasagna</b> Bread Stick Steamed Carrots Green Peas Fresh Fruit/Chilled Fruit	<b>Chicken Nuggets</b> <b>Beef &amp; Bean Burrito</b> Cucumbers & Tomato w/Dip Sautéed Spinach with Tomato Fresh Fruit/ Chilled Fruit	<b>Chicken Burger</b> <b>Fish Sandwich</b> <b>Sun Chips</b> Burger Salad Baby Carrots Fresh Fruit, <b>Chilled Fruit</b>
Monday 1-29	Tuesday 1-30	Wednesday 1-31	Thursday 2-1	Friday 2-2
<b>Grilled Cheese Sandwich with</b> <b>Bisque Tomato Soup</b> <b>Turkey Deli &amp; Cheese Sub</b> Stemmed Broccoli Seasoned Carrots Fresh Fruit/Chilled Fruit	<b>Cheese or Pepperoni Pizza</b> <b>Crispy Beef Tacos</b> Cheesy Green Peas Steamed Corn Fresh Fruit/Chilled Fruit	<b>Chicken Parmesan</b> <b>Cheese Enchiladas</b> Mexican Rice Charro Beans Taco Trimmings Fresh Fruit /Chilled Fruit	<b>Chili Mac with cornbread</b> <b>Pizza Quesadilla</b> <b>Baked Beans</b> <b>Broccoli &amp; Tomato w/Dip</b> <b>Fresh Fruit, Chilled Fruit</b>	<b>Hamburger/Cheeseburger</b> <b>Fish Nuggets</b> With Bread Stick Mixed Vegetables Burger Salad, French Fries Fresh Fruit, Chilled Fruit

\*Yogurt Tray Offered Daily

\*Fat-free flavored, 1% plain, or lactose free milk offered daily

\*Variety of fresh fruits and vegetables offered daily

\*Menu is subject to change based on food availability

This institution is an equal opportunity provider