

January 2024 – Lunch Menu (Pre-K)

Monday 1-8	Tuesday 1-9	Wednesday 1-10	Thursday 1-11	Friday 1-12
Popcorn Chicken Salisbury Steak Mashed Potatoes, Brown Gravy Steamed Broccoli Fresh Fruit/Chilled Fruit	Cheese or Pepperoni Pizza Turkey Pot Pie w/Biscuit Seasoned Carrots Garlicky Green Beans Fresh Fruit /Chilled Fruit	Frito Pie Carne Guisada Tacos Spanish Rice Red Kidney Beans Fresh Fruit/Chilled Fruit	Chicken Nuggets Spaghetti and Meat Sauce Steamed Corn, Broccoli Normandy Fresh Fruit/Chilled Fruit	Hamburger/Cheeseburger Turkey Hot Dog Sweet Potato Fries Burger Salad, Baby Carrots Fresh Fruit, Chilled Fruit
Monday 1-15	Tuesday 1-16	Wednesday 1-17	Thursday 1-18	Friday 1-19
School Holiday	Stuffed Crust Pizza Chicken Fajita Tacos Seasoned Pinto Beans Sautéed Spinach with Tomato Fresh Fruit, Chilled Fruit	Chicken Corn Dog Chicken Alfredo with Twist Seasoned Carrots & Corn Green Beans Fresh Fruit/Chilled Fruit	Stuffed Cheese Bread Sticks W/Marinara Sauce Orange Chicken Steamed White Rice Broccoli Normandy Celery & Carrot Sticks with Dip Fresh Fruit, Chilled Fruit	Hamburger/Cheeseburger Fish Sticks Baby Carrots Burger Trimmings Tater Tots Fresh Fruit, Chilled Fruit
Monday 1-22	Tuesday 1-23	Wednesday 1-24	Thursday 1-25	Friday 1-26
Steak Fingers Chicken Tenders Mashed Potatoes Country Gravy, Texas Toast Lemon Pepper Broccoli Fresh Fruit/Chilled Fruit	Cheese or Pepperoni Pizza Beef Nachos Garlicky Green Beans Seasoned Pinto Beans Fresh Fruit/ Chilled Fruit	Mini Corn Dogs Beef Lasagna Steamed Carrots Green Peas Fresh Fruit/Chilled Fruit	Chicken Nuggets Beef & Bean Burrito Cucumbers & Tomato w/Dip Sautéed Spinach with Tomato Fresh Fruit/ Chilled Fruit	Chicken Burger Fish Sandwich Sun Chips Burger Salad Baby Carrots Fresh Fruit, Chilled Fruit
Monday 1-29	Tuesday 1-30	Wednesday 1-31	Thursday 2-1	Friday 2-2
Grilled Cheese Sandwich with Bisque Tomato Soup Turkey Deli & Cheese Sub Stemmed Broccoli Seasoned Carrots Fresh Fruit/Chilled Fruit	Cheese or Pepperoni Pizza Crispy Beef Tacos Cheesy Green Peas Steamed Corn Fresh Fruit/Chilled Fruit	Chicken Parmesan Cheese Enchiladas Mexican Rice Charro Beans Taco Trimmings Fresh Fruit /Chilled Fruit	Chili Mac Pizza Quesadilla Baked Beans Broccoli & Tomato w/Dip Fresh Fruit, Chilled Fruit	Hamburger/Cheeseburger Fish Nuggets Mixed Vegetables Burger Salad, French Fries Fresh Fruit, Chilled Fruit

*Yogurt Tray Offered Daily

*Fat-free flavored, 1% plain, or lactose free milk offered daily

*Variety of fresh fruits and vegetables offered daily

*Menu is subject to change based on food availability

This institution is an equal opportunity provider