**School Health Advisory Council Minutes**

**Wednesday, December 1, 2021**

**Join Zoom Meeting**

**https://us02web.zoom.us/j/88391278042?pwd=Q0lIeFlmNkNpLzNJTVVWaUZnUEF1dz09**

**Meeting ID: 883 9127 8042**

**Passcode: k0iDy8**

1. Opening Remarks and Introductions
2. Review and Approve Minutes from the October 6, 2021 meeting
3. Wellness Plan Evaluation
   * Evaluator Assignments
   * Revision of Goal VI: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports: Objective 1: Action Step: Continue the practice of providing open gym and also vary activities bi-weekly
   * Follow up for Goal IX: The District shall encourage parents to support their children’s participation, be active role models, and include physical activity in family events. Objective 1: Action Step: Continue the practice of offering physical fitness-related family engagement activities
   * Follow up for Goal XII: The district shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. Objective 1: Action Step: Master schedules allot 30 minutes for lunch. A minimum of 15 minutes will be used for food consumption (Need to check the 3rd and 4th-grade schedule due to the reported reduction in eating time at the beginning of the school year).
4. Updates

* Health and Human Sexuality Curriculum Adoption Updates

1. Next Meeting Dates: February 9, 2022 @ 3:45 p.m. and April 13, 2022 @ 10:45a.m. (virtually and in-person)
2. Close of Meeting